

VSD Class Descriptions & Info

“Crew” Classes (*Performance Crew, Girls Crew, Bboy Crew*)

Choreographer/Instructor: Brooke Kilgore

Requirements for these classes vary upon dancer (please inquire to Brooke Kilgore for personal assessment). Anywhere from 2-4 years HipHop experience (other genres can be subbed - but case by case, decided by Brooke Kilgore).

All “Crew” classes are registered in this class from Sept-June (dance year), and are required to perform & represent Vibestreet Dance at local and traveling events/competitions.

Some dancers may be requested to take additional classes at choreographers request for other diciplines, and all “Crew” dancers **must** be at every class.

“Crew” dancers are selected by Brooke Kilgore.

“Advanced Bboy (Crew)” (*youth/teen*)

Choreographer/Instructor: TBA, Fill in for the new year: Guillaume LeClerc

Previous Bboy training is required (at least one full-time year). All Bboy Crew members are required to know the basic floor work, basic power movements & up-rocks. Bboys will be more than likely required to take a hiphop class(es) w/ Brooke Kilgore - to gain funk foundations and hiphop movements.

“Bboy Crew” members are selected by Brooke Kilgore & accompanied instructors.

“Open HipHop”

Choreographer/Instructor: Brooke Kilgore

All levels hiphop (adult beginner/intermediate/adv)

“Intro HipHop”

Choreographer/Instructor: Brooke Kilgore

Focusing on rhythm, funk, co-ordinations & musicality. Appropriate for all levels, recommended for those who want an ‘introductory to hiphop’- while learning fun & funky choreography. Learning the foundation of hiphop, ‘grooving, and funk. All levels of dance, but encouraged for new dancers (and recommended taking “Co-ordinations” &/or “Lyrical HipHop”)

“Advanced HipHop”

Choreographer/Instructor: Brooke Kilgore

2+ years of HipHop experience. A fast paced class, focusing on choreography & grooving. With chances to perform locally & travel to conventions. Must have basic movements.

“Co-Ordinations/Funk”

Choreographer/Instructor: Brooke Kilgore

A non-choreography based class, focusing on rhythm, **funk**, co-ordinations & musicality. Appropriate for all levels, recommended for those who want an ‘introductory to hip-hop’- with little choreography. Learning the foundation of hip-hop & ‘grooving.

“90s / Pop”

Choreographer/Instructor: Brooke Kilgore

Think; Salt ‘n Peppa, TLC, Janet & even old skool Britney, Mariah, BSB! A fun, light-hearted class, with bubbly choreography & energetic cardio co-ordinations. (Less “ghetto” more “Poppy”).

“Lyrical HipHop”

Choreographer/Instructor: Brooke Kilgore

The complete opposite of most VSD classes, but In a ‘good’ way;) A mix of r&b music, emotion-filled lyrics & floetic, yet disciplined choreography - essentially ‘telling a story through your movement’. But don’t get this confused with a typical “lyrical” or “contemporary” class - this class has an edge, and strong - hard hitting movements. For all levels of dance (beginner-adv). Recommended to take with a hip-hop class.

OPEN “House”

Choreographer/Instructor: Jesse

For all levels & open to all ages. [House dance itself is a lot older than house music, which arose in the early 1980s upon the end of the disco era. It is called house dance because it was developed in the clubs rather than on the street. House dance takes from many different dance elements such as the Lindy era, African, Latin, Brazilian, jazz, tap, and even modern.] Contrary to popular belief, house dance is not a descendant of hip hop dance, but VSD has decided to bring it into our ‘HipHop’ based studio & bring this amazing dance genre to Victoria. With up-funk body movements, funky feet patterns & unique style all around - this class is a fun, energetic & hype class -- all ages, and all levels!

OPEN “Fundamentals”

Choreographer/Instructor: Adam Quiney

Popping, Waving, Locking, Gliding, Tutting, Boogaloo, Ticking, Strobing &

Puppetry, to name a few of the many fundamentals that our (raved about!) instructor, Adam Quiney teaches in his encouraging, fun & energetic classes. Teaching the history, culture & background of these specific sub-genres - these classes are aimed towards ALL ages and ALL levels. (We encourage everyone to at least drop in to one of these classes!).

OPEN “Breakdance”

Choreographer/Instructor: Justin Costillo

For all levels & open to all ages. For all those people that have always wanted to learn the basics of breakdance (six step, top rocks, swipes, freezes, stalls, etc) but have always been too nervous to join an intimidating class - this is YOUR class. Learn the basics of foot work, floor work & funk.

Kids Classes are fun, energetic & encouraging programs - focusing on rhythm, musicality & dance influenced games, teaching kids about music, songs & dance. All hip-hop/breakdance inspired, while learning funky & fun dance routines & games!